

DITCHEAT PRIMARY SCHOOL SPRING/SUMMER MENU 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 1st March 22 nd March 26th April 17th May 14 th June 5 th July	Beef burgers (G,E) Veggie Burgers (V,G,E) Potato wedges or Jacket Potato Somerset apple cake & custard (G,D,E) or Fruit or yoghurt (D)	Macaroni cheese (V,G,D E) Garlic bread (V,D, G) Salad or Jacket Potato Strawberry Mousse (D) Or Fruit or yoghurt (D)	Roast Chicken Quorn Roast (V) Roast potatoes, Yorkshire pudding (G,D,E) Vegetables or Jacket Potato Fruit Jelly & ice cream (G,D) Or Fruit or yoghurt (D)	Pepperoni Pizza (G, D) Margarita Pizza (V, G, D) Salad Or Jacket potato Sticky Toffee pudding & custard (G,D,E) Or Fruit or yoghurt (D)	Fish Fingers (G,E,F) Potato waffles Baked beans (G) or Jacket Potato Chocolate Brownie (G,D,E) Or Fruit or yoghurt (D)
WEEK 2 8th March 29th March 4th May 24th May 21 st June 12 th July	Jacket Potato with Tuna Mayo (D,E,V) or Mild Vegetable Chilli & rice or Jacket potato with cheese Chocolate sponge with chocolate sauce (G, D,E) Or Fruit or yoghurt (D)	Meatballs (G,E) Meat free balls (V,G) Spaghetti. (G,E) Salad or Jacket Potato Gingerbread men (G,E,D) Or Fruit or yoghurt (D)	Toad in the Hole (G,D,E) Veggie Toad in the Hole (V,G,D,E) Roast potatoes, Vegetables or Jacket Potato Ice cream cones (G,D,) Or Fruit or yoghurt (D)	Cottage Pie (D) Quorn cottage pie (D) Vegetables or Jacket Potato Pancakes with fresh fruit (G,D,E) Or Fruit or Yoghurt (D)	Fish, Chips & Peas. (G,D,F) Or Jacket Potato Carrot cake (G,D,E) Or Fruit or yoghurt (D)
WEEK 3 22 nd Feb 15 th March 19 th April 10 th May 7 th June 29 th June 19 th July	Gammon & pineapple Mashed Potato (D) Quorn Gammon (V,G,D) Peas or Jacket Potato Chocolate cornflake cakes (G,D) Or Fruit or yoghurt (D)	Bolognese Pasta bake (G,E,) Tomato & vegetable pasta bake (G,E,V) or Jacket Potato Fruit Crumble & Custard (G,D,) Or Fruit or yoghurt (D)	Pigs in blankets Quorn Pigs in blankets (V) Roast potatoes, Yorkshire pudding (G,D,E) Vegetables or Jacket Potato Lemon Drizzle cake(G,D,E) Or Fruit or yoghurt (D)	Tortilla wraps (G,) Ham or Chicken (with salad) Cheese or Egg (with salad) (D,E V) vegetable sticks Tortilla chips(G) or Jacket Potato Rice pudding & fruit (D) or Fruit or yoghurt (D)	Fish fingers (G,D,E,F) Skinny fries Spaghetti Hoops (G) or Jacket Potato Fruit Muffins (G,D,E) Or Fruit or yoghurt (D)

Jacket potatoes are served with cheese, beans or spaghetti hoops

Our fruit option contains at least 3 of the following every day: banana, apple, orange, grapes, strawberry, pineapple melon & kiwi.

We serve at least 3 different types of seasonal vegetables per week.

Bread, water & Semi skimmed milk are available every day.

V= SUITABLE FOR VEGETARIANS

G= CONTAINS GLUTEN

D= CONTAINS DAIRY

E= CONTAINS EGG

F= CONTAINS FISH