

DITCHEAT PRIMARY SCHOOL MENU FROM SEPTEMBER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 Sept 5 th Sept 26 th Oct 17 th Nov 14 th Dec 5 th	BBQ pulled pork roll (G) BBQ pulled no pork roll (V,G) Salad Or Jacket potato Chocolate bread & butter pudding & custard (D,E,G) Or Or Fruit or yoghurt (D)	Lasagna (G,E,D) Vegetable Lasagna (V,G,E,D) Garlic bread (V,D, G) Salad or Jacket Potato Flapjack (G,D) Or Fruit or yoghurt (D)	Sausage & Mash (G,D,) Vegetarian Sausage & mash (G,D) Vegetables or Jacket Potato Fruit Crumble & Custard (G,D,) Or Fruit or yoghurt (D)	Roast Chicken Quorn Roast (V) Roast potatoes, Yorkshire pudding (G,D,E) Vegetables Or Jacket potato Fruit Jelly & Ice Cream (D) Or Fruit or yoghurt (D)	Fish fingers (G,E,F) Salmon Fishcakes (G,E,) Hash Browns Baked beans/Hoops (G) or Jacket Potato Chocolate Brownies (G,D,E) Or Fruit or yoghurt (D)
WEEK 2 Sept 12 th Oct 3 rd Nov 1 st Nov 21 st Dec 12 th	Jumbo Hot Dog (G,E) Vegetarian Hot Dog (V) Fries Salad Or Jacket Potato Chocolate sponge & choice of custard (G,D,E) Or Fruit or yoghurt (D)	Meatballs (G,E) Meat free balls (V,G) Spaghetti. (G,E) Salad or Jacket Potato Very Berry muffins (G,D,E) Or Fruit or yoghurt (D)	Homemade Cottage Pie (D) Quorn cottage pie (D) Vegetables or Jacket Potato Cornflake cakes (G,D,) Or Fruit or yoghurt (D)	Mac 'n' cheese (V,G,D E) Garlic bread (V,D, G) Salad or Jacket Potato Ice cream cones (G,D) Or Fruit or Yoghurt (D)	Chicken Goujons (G,D,E) Potato Croquettes & Peas. Quorn Nuggets (G,E) Or Jacket Potato Pancakes with various toppings (G,D,E) Or Fruit or yoghurt (D)
WEEK 3 Sept 19 th Oct 10 th Nov 7 th Nov 28 th	Chicken burgers (G,E) 'No chicken' Burgers (V,G,E) Fries & Salad or Jacket Potato Sticky toffee pud & custard (G,E,D) Or Fruit or yoghurt (D)	Bolognese Pasta bake (G,E,) Quorn pasta bake (G,E,V) Garlic Bread (V,D,G) or Jacket potato Fresh Fruit salad & cream (D) Or Fruit or yoghurt (D)	Toad in the Hole (G,D,E) Veggie Toad in the Hole (V,G,D,E) Cauliflower cheese, (G,D) Vegetables or Jacket Potato Carrot cake (G,D,E) Or Fruit or yoghurt (D)	Pepperoni Pizza (G, D) Margarita Pizza (V, G, D) Salad or Jacket Potato Rice pudding & Jam (D) or Fruit or yoghurt (D)	Fish finger club sandwich (G,D,E,F) Potato crisps salad or Jacket Potato Ice Cream & fruit Or Fruit or yoghurt (D)

Jacket potatoes are served with cheese & beans

Our fruit option contains at least 3 of the following every day: banana, apple, orange, grapes

Pasta dishes include Wholewheat Pasta

We serve at least 3 different types of seasonal vegetables per week.

Bread, water & Semi skimmed milk are available every day.

V= SUITABLE FOR VEGETARIANS

G= CONTAINS GLUTEN

D= CONTAINS DAIRY

E= CONTAINS EGG

F= CONTAINS FISH

