

DITCHEAT PRIMARY SCHOOL AUTUMN MENU 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>WEEK 1</p> <p>8th Sept 27th Sept 18th Oct 15th Nov 6th Dec</p>	<p>Jumbo Hot Dog (G,E) Vegetarian Hot Dog (V) Skinny Fries Salad</p> <p>or</p> <p>Jacket Potato</p> <p>Chocolate sponge & Mint custard (G,D,E) Or Fruit or yoghurt (D)</p>	<p>Cottage Pie (D) Quorn cottage pie (D) Vegetables</p> <p>or</p> <p>Jacket Potato</p> <p>Shortbread with fresh fruit (G,D,) Or Fruit or yoghurt (D)</p>	<p>Roast Chicken Quorn Roast (V) Roast potatoes, Yorkshire pudding (G,D,E) Vegetables</p> <p>or</p> <p>Jacket Potato</p> <p>Flapjack (G,D) Or Fruit or yoghurt (D)</p>	<p>Pasta Carbonara (G,E,D) Vegetarian Carbonara (V,G,E,D) Garlic bread (V,D, G) Salad</p> <p>Or</p> <p>Jacket potato</p> <p>Toffee Apple Brioche pudding & custard (G,D,E) Or Fruit or yoghurt (D)</p>	<p>Fish Fingers (G,E,F) Salmon Fishcakes (V) Potato waffles Baked beans/Hoops (G)</p> <p>or</p> <p>Jacket Potato</p> <p>Fruit Jelly & Ice Cream (G,D,) Or Fruit or yoghurt (D)</p>
<p>WEEK 2</p> <p>13th Sept 4th Oct 1st Nov 22nd Nov 13th Dec</p>	<p>Bolognese Pasta bake (G,E,) Tomato & vegetable pasta bake (G,E,V) Garlic Bread (V,D,G) or Jacket potato</p> <p>Fruit Crumble & Custard (G,D,) Or Fruit or yoghurt (D)</p>	<p>Pepperoni Pizza (G, D) Margarita Pizza (V, G, D) Salad</p> <p>or</p> <p>Jacket Potato</p> <p>Rice pudding & fruit (D) Or Fruit or yoghurt (D)</p>	<p>Sausage & Mash (G,D,) Vegetarian Sausage & mash (G,D) Vegetables</p> <p>or</p> <p>Jacket Potato</p> <p>Chocolate Brownies (G,D,E) Or Fruit or yoghurt (D)</p>	<p>Meatballs (G,E) Meat free balls (V,G) Spaghetti. (G,E) Salad</p> <p>or</p> <p>Jacket Potato</p> <p>Syrup sponge pudding & custard (G,D,E) Or Fruit or Yoghurt (D)</p>	<p>Chicken Goujons (G,D,E) Chips & Peas. Quorn Nuggets (G,E)</p> <p>Or</p> <p>Jacket Potato</p> <p>Carrot cake (G,D,E) Or Fruit or yoghurt (D)</p>
<p>WEEK 3</p> <p>20th Sept 11th Oct 8th Nov 29th Nov</p>	<p>Homemade Beef burgers (G,E) Veggie Burgers (V,G,E) Curly Fries & Salad</p> <p>or</p> <p>Jacket Potato</p> <p>Strawberry upside down cake & cream (G,D,E) Or Fruit or yoghurt (D)</p>	<p>Chicken Hot Pot Quorn Hot Pot Vegetables</p> <p>or</p> <p>Jacket Potato</p> <p>Oaty Fruit Crumble & custard (G,D) Or Fruit or yoghurt (D)</p>	<p>Toad in the Hole (G,D,E) Veggie Toad in the Hole (V,G,D,E) Roast potatoes, Vegetables</p> <p>or</p> <p>Jacket Potato</p> <p>Chocolate Cookies (G,D,E) Or Fruit or yoghurt (D)</p>	<p>Mac 'n' cheese (V,G,D E) Garlic bread (V,D, G) Salad</p> <p>or</p> <p>Jacket Potato</p> <p>Banoffee Traybake (G,D,E) or Fruit or yoghurt (D)</p>	<p>Fish fingers (G,D,E,F) Mash Hoops/Beans (G)</p> <p>or</p> <p>Jacket Potato</p> <p>Ice Creams (G,D) Or Fruit or yoghurt (D)</p>

Jacket potatoes are served with cheese, beans or spaghetti hoops

Our fruit option contains at least 3 of the following every day: banana, apple, orange, grapes, strawberry, pineapple melon & kiwi.

We serve at least 3 different types of seasonal vegetables per week.

Bread, water & Semi skimmed milk are available every day.

V= SUITABLE FOR VEGETARIANS

G= CONTAINS GLUTEN

D= CONTAINS DAIRY

E= CONTAINS EGG

F= CONTAINS FISH