

Ditcheat Primary School Winter Menu 2018/2019

(for allergens list please ask in school office)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 (5 th Sept, 24 th Sept, 15 th Oct, 12 th Nov, 3 rd Dec)	HAM AND CHIPS CAULIFLOWER CHEESE VEGETABLES JACKET POTATO FRUIT CRUMBLE & CUSTARD OR YOGURT & FRUIT	MEAT BALLS VEGGIE BALLS RICE VEGETABLES JACKET POTATO FLAPJACK OR YOGURT & FRUIT	ROAST TURKEY QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO JELLY & ICE CREAM OR YOGURT & FRUIT	HOT DOGS VEGGIE DOGS SALAD JACKET POTATO SPONGE FINGER WITH FRUIT & CREAM OR YOGURT & FRUIT	FISH FINGERS VEGGIE FINGERS MASHED POTATO VEGETABLES JACKET POTATO CHOCOLATE CORNFLAKE CAKES OR YOGURT & FRUIT
WEEK 2 (10 th Sept, 1 st Oct, 22 nd Oct, 19 th Nov, 10 th Dec)	COTTAGE PIE VEGGIE PIE VEGETABLES JACKET POTATO FRUIT & RICE PUDDING OR YOGURT & FRUIT	CHICKEN KORMA VEGETABLE KORMA RICE VEG/SALAD JACKET POTATO CHOCOLATE MOUSSE YOGURT & FRUIT	ROAST PORK QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO GINGERBREAD MEN OR YOGURT & FRUIT	BUILD YOUR OWN ROLL (MEAT OR VEG) SALAD JACKET POTATO CHEESE & BISCUITS OR YOGURT & FRUIT	CHICKEN GOUJONS QUORN NUGGETS POTATO WEDGES PEAS JACKET POTATO FRUIT AND ICE CREAM OR YOGURT & FRUIT
WEEK 3 (17 th Sept, 8 th Oct, 5 th Nov, 26 th Nov, 17 th Dec)	SAUSAGE AND MASH VEG SAUSAGE AND MASH VEGETABLES JACKET POTATO FRUIT JELLY OR YOGURT & FRUIT	SPAGHETTI BOLOGNESE QUORN BOLOGNESE VEGETABLES JACKET POTATO CHOCOLATE SPONGE CUSTARD OR YOGURT & FRUIT	ROAST CHICKEN QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO ICE CREAM OR YOGURT & FRUIT	HAM PIZZA CHEESE PIZZA WITH SALAD JACKET POTATO APPLE CRUMBLE & CUSTARD OR YOGURT & FRUIT	FISH FINGERS SALMON FISHCAKES CHIPS PEAS JACKET POTATO SHORTBREAD OR YOGURT & FRUIT

Jacket potatoes are served with cheese, beans or ham

Our fruit option contains at least 3 of the following every day: banana, apple, orange, grapes, strawberry, pineapple, melon and kiwi.

We serve at least three different types of vegetable each week, depending on what is in season.

Bread, water and lower fat milk are available every day.