

Ditcheat Primary School Winter Menu 2017/2018

(for allergens list please ask in school office)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 (8 <sup>th</sup> Jan, 29 <sup>th</sup> Jan, 26 <sup>th</sup> Feb, 19 <sup>th</sup> March)	TOMATO AND HAM BAKE MACARONI CHEESE SALAD JACKET POTATO  FRUIT CRUMBLE & CUSTARD OR YOGURT & FRUIT	MEAT BALLS VEGGIE BALLS RICE VEGETABLES JACKET POTATO  FLAPJACK OR YOGURT & FRUIT	ROAST TURKEY QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO  JELLY & ICE CREAM OR YOGURT & FRUIT	HOT DOGS VEGGIE DOGS SALAD JACKET POTATO  SPONGE FINGER WITH FRUIT & CREAM OR YOGURT & FRUIT	FISH FINGERS VEGGIE FINGERS CHIPS VEGETABLES JACKET POTATO  CHOCOLATE CORNFLAKE CAKES OR YOGURT & FRUIT
WEEK 2 (15 <sup>th</sup> Jan, 5 <sup>th</sup> Feb, 5 <sup>th</sup> March)	SAUSAGE ROLLS VEGGIE ROLLS MASHED POTATOES VEGETABLES JACKET POTATO  FRUIT & RICE PUDDING OR YOGURT & FRUIT	CHICKEN KORMA VEGETABLE KORMA RICE VEG/SALAD JACKET POTATO  FRUIT AND ICE CREAM OR YOGURT & FRUIT	ROAST PORK QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO  GINGERBREAD MEN OR YOGURT & FRUIT	LASAGNE VEGATABLE LASAGNE VEG/SALAD JACKET POTATO  CHOCOLATE MOUSSE OR YOGURT & FRUIT	CHICKEN GOUJONS QUORN NUGGETS POTATO WEDGES PEAS JACKET POTATO  JAM SPONGE AND CUSTARD OR YOGURT & FRUIT
WEEK 3 (22 <sup>nd</sup> Jan, 19 <sup>th</sup> Feb, 12 <sup>th</sup> March)	TOAD IN THE HOLE VEG TOAD IN THE HOLE NEW POTATOES VEGETABLES JACKET POTATO  FRUIT JELLY OR YOGURT & FRUIT	SPAGHETTI BOLOGNESE QUORN BOLOGNESE VEGATABLES JACKET POTATO  CHOCOLATE SPONGE CUSTARD OR YOGURT & FRUIT	ROAST CHICKEN QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO  ICE CREAM OR YOGURT & FRUIT	HAM PIZZA CHEESE PIZZA WITH SALAD JACKET POTATO  APPLE CRUMBLE & CUSTARD OR YOGURT & FRUIT	FISH FINGERS SALMON FISHCAKES MASHED POTATO PEAS JACKET POTATO  SHORTBREAD OR YOGURT & FRUIT

Jacket potatoes are served with cheese, beans or ham

Our fruit option contains at least 3 of the following every day: banana, apple, orange, grapes, strawberry, pineapple, melon and kiwi.

We serve at least three different types of vegetable each week, depending on what is in season.

Bread, water and lower fat milk are available every day.