

Ditcheat Primary School Summer Menu 2019

(for allergens list please ask in school office)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 (25 th Feb, 18 th March, 22 rd April, 13 th May)	PASTA WITH TOMATO AND HAM SAUCE PASTA & CHEESE SAUCE SALAD JACKET POTATO FRUIT CRUMBLE & CUSTARD OR YOGURT & FRUIT	CHICKEN KORMA VEGETABLE KORMA RICE VEG/SALAD JACKET POTATO FLAPJACK OR YOGURT & FRUIT	HOT DOGS VEGGIE DOGS SALAD JACKET POTATO CHOCOLATE CORNFLAKE CAKES OR YOGURT & FRUIT	ROAST TURKEY QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO JELLY & ICE CREAM OR YOGURT & FRUIT	FISH FINGERS VEGGIE FINGERS CHIPS & PEAS JACKET POTATO SPONGE FINGER WITH FRUIT & CREAM OR YOGURT & FRUIT
WEEK 2 (4 th March, 25 th March, 29 th April, 20 th May)	MEAT BALLS VEGGIE BALLS RICE VEGETABLES JACKET POTATO CHOCOLATE MOUSSE OR YOGURT & FRUIT	HAM PIZZA CHEESE PIZZA WITH SALAD JACKET POTATO FRUIT AND ICE CREAM OR YOGURT & FRUIT	SAUSAGE ROLLS VEGGIE ROLLS SALAD JACKET POTATO CHEESE & BISCUITS OR YOGURT & FRUIT	ROAST PORK QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO GINGERBREAD MEN OR YOGURT & FRUIT	CHICKEN GOUJONS QUORN NUGGETS POTATO WEDGES PEAS JACKET POTATO FRUIT & RICE PUDDING OR YOGURT & FRUIT
WEEK 3 (11 th March, 1 st April, 6 th May)	TOAD IN THE HOLE VEG TOAD IN THE HOLE NEW POTATOES VEGETABLES JACKET POTATO FRUIT JELLY OR YOGURT & FRUIT	SPAGHETTI BOLOGNESE QUORN BOLOGNESE VEGETABLES JACKET POTATO CHOCOLATE SPONGE CUSTARD OR YOGURT & FRUIT	BUILD YOUR OWN ROLL (MEAT OR VEG) SALAD JACKET POTATO SHORTBREAD OR YOGURT & FRUIT	ROAST CHICKEN QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO ICE CREAM OR YOGURT & FRUIT	FISH FINGERS SALMON FISHCAKES MASHED POTATO VEGETABLES JACKET POTATO APPLE CRUMBLE & CUSTARD OR YOGURT & FRUIT

Jacket potatoes are served with cheese, beans or ham

Our fruit option contains at least 3 of the following every day: banana, apple, orange, grapes, strawberry, pineapple, melon and kiwi.

We serve at least three different types of vegetable each week, depending on what is in season.

Bread, water and lower fat milk are available every day.