

Ditcheat Primary School Winter Menu 2017/2018

(for allergens list please ask in school office)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 (6 TH Sept, 25 th Sept, 16 th Oct, 13 th Nov, 4 th Dec)	TOMATO AND HAM BAKE MACARONI CHEESE SALAD JACKET POTATO FRUIT CRUMBLE & CUSTARD OR YOGURT & FRUIT	MEAT BALLS VEGGIE BALLS RICE VEGETABLES JACKET POTATO FLAPJACK OR YOGURT & FRUIT	ROAST TURKEY QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO JELLY & ICE CREAM OR YOGURT & FRUIT	HOT DOGS VEGGIE DOGS SALAD JACKET POTATO SPONGE FINGER WITH FRUIT & CREAM OR YOGURT & FRUIT	FISH FINGERS VEGGIE FINGERS CHIPS VEGETABLES JACKET POTATO CHOCOLATE CORNFLAKE CAKES OR YOGURT & FRUIT
WEEK 2 (11 th Sept, 2 nd Oct, 30 th Oct, 20 th Nov, 11 th Dec)	SAUSAGE ROLLS VEGGIE ROLLS MASHED POTATOES VEGETABLES JACKET POTATO FRUIT & RICE PUDDING OR YOGURT & FRUIT	CHICKEN KORMA VEGETABLE KORMA RICE VEG/SALAD JACKET POTATO FRUIT AND ICE CREAM OR YOGURT & FRUIT	ROAST PORK QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO GINGERBREAD MEN OR YOGURT & FRUIT	CHEESE, MUSHROOM & HAM TAGLIATELLI CHEESE & MUSHROOM TAGLIATELLI VEG/SALAD JACKET POTATO CHOCOLATE MOUSSE OR YOGURT & FRUIT	CHICKEN GOUJONS QUORN NUGGETS POTATO WEDGES PEAS JACKET POTATO JAM SPONGE AND CUSTARD OR YOGURT & FRUIT
WEEK 3 (18 th Sept, 9 th Oct, 6 th Nov, 27 th Nov, 18 th Dec)	TOAD IN THE HOLE VEG TOAD IN THE HOLE NEW POTATOES VEGETABLES JACKET POTATO FRUIT JELLY OR YOGURT & FRUIT	SPAGHETTI BOLOGNESE QUORN BOLOGNESE VEGATABLES JACKET POTATO CHOCOLATE SPONGE CUSTARD OR YOGURT & FRUIT	ROAST CHICKEN QUORN ROAST ROAST POTATOES VEGETABLES JACKET POTATO ICE CREAM OR YOGURT & FRUIT	HAM PIZZA CHEESE PIZZA WITH SALAD JACKET POTATO APPLE CRUMBLE & CUSTARD OR YOGURT & FRUIT	FISH FINGERS SALMON FISHCAKES MASHED POTATO PEAS JACKET POTATO SHORTBREAD OR YOGURT & FRUIT

Jacket potatoes are served with cheese, beans or ham

Our fruit option contains at least 3 of the following every day: banana, apple, orange, grapes, strawberry, pineapple, melon and kiwi.

We serve at least three different types of vegetable each week, depending on what is in season.

Bread, water and lower fat milk are available every day.